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Contact Lens: Information/Informed Consent

Contact lenses are considered a medical device which, in addition to their benefits, has certain limitations. It is important that contact lens wearers exercise discretion and good judgment when they wear and how they care for their lenses. Evidence shows that compliance with the prescribed wearing schedule, proper cleaning and disinfection of lenses, and regularly scheduled follow-up care will minimize risks of contact lens associated problems.

To reduce contamination of lenses:

Always wash, rinse, and dry hands before handling the lenses

DO NOT use saliva, tap water, or anything other than sterile solutions recommended for use with contact lenses

DO NOT swim, tan, or sit in a sauna with lenses in eye

Cases should be replaced every 3 months

DO NOT wear contact lenses while sleeping unless you have extended wear lenses. *Dr. Fritts believes no patient should sleep in their contacts.* If you have extended wear lenses, lubrication drops may be needed before and after sleep.

Remove your lenses if any of the following occur:

Discomfort or pain

Eye Infection, mucus discharge

Stinging, burning, itching

Excessive tearing, redness

Sudden decrease in vision that does not clear up

Blurred vision or halos around objects

Light sensitivity

I understand that not complying with the recommended cleaning regimen or wearing schedule could result in serious injury, such as corneal ulcer, or permanent loss of vision. Should non-compliance become a problem, this entity reserves the right to terminate the doctor-patient relationship. The fitting and management fee includes the first **2 months** of contact lens follow-up visits. Under all circumstances, further examinations will be charged.

Name _____ Date _____